

One-day seminar
Living well and enhancing resilience following injury
Wednesday, 12th September, 2018

To be held in association with the 57th ISCoS Annual Scientific Meeting
Sydney, NSW

Hosts: Rehabilitation Psychology Interest Group (RPIG) of the APS, the John Walsh Centre for Rehabilitation Research (JWCRR), Sydney Medical School-Northern, Sydney University and Australian SCI Psychology Special Interest Group.

Financially supported by the State Insurance Regulatory Authority (SIRA) and the RPIG

Seminar Program

9.00: Registration

9.15-9.30: Introductions: Chair: Professor Ashley Craig and a SIRA representative

9.30-11.00: Guest speaker: Professor Charles Bombardier

Topic: Depression in neurological injury such as SCI

11.00-11.30: Morning tea

11.30-12.30: Guest Speaker: Dr Stanley Ducharme

Topic: Sexual function and family relations following SCI

12.30-1.30: Lunch

1.30-2.15: Dr Pat Dorset

Topic: Hope and recovery following injury

2.15-3.00: Tijn van Diemen

Topic: Self-efficacy and recovery following injury

3.00-3.30: Panel discussion and conclusions

Venue: ICC Convention Centre, Darling Harbour, Sydney, NSW

Address: 14 Darling Drive Darling Harbour, Room C2.4, Phone: (02) 9215 7100,
website for the ICC floor plan: iccsydney.com.au

Cost of seminar: \$50 RPIG members and \$90 non-members.

Register: <http://www.psychology.org.au/Event/19583>

Registrations close: Wednesday 5th September, 2018

RPIG info: www.groups.psychology.org.au/rpig/

ISCoS info: <http://www.iscos.org.uk/2018-annual-scientific-meeting>

Please bring your own pen and pad for taking notes. Copies of the Powerpoint slides of the talks will be posted on the RPIG website after the seminar. The APS will provide PD certificate after the event.

Description of the seminar

Physical injury such as that sustained in a road crash or workplace accident can have devastating and traumatic impacts on recovery. Injuries include whiplash, fractures, low back injury, burns, spinal cord injuries and traumatic brain injury. Common impacts include depression, chronic pain, fatigue and post-traumatic stress disorder, which can have a very negative impact on quality of life. The speakers in this seminar will all address issues that will influence adjustment to injury. All are experienced researchers and clinicians/ health professionals. The seminar will contain latest information vital for psychologists, rehabilitation counsellors, and other health/ insurance

professionals dealing with injured people. Tips for successful treatment will be given and ample opportunity for questions and discussion will occur in the sessions.

Biographies

Dr Charles Bomardier is the Professor of Rehabilitation Medicine in the Department of Rehabilitation Medicine, University of Washington Seattle, USA. He is a clinical psychologist and Head of the UW Medicine Division of Clinical and Neuropsychology. Neurological injuries and disorders have been major areas of his research and clinical interest. His research interests also include depression following injury and promoting healthy behaviours in people with physical and cognitive disabilities. He is internationally known for his research and clinical expertise in these areas.

Professor Stanley Ducharme is a clinical psychologist at the Center for Sexual Medicine at Boston Medical Center and as well, he is a Clinical Professor of Urology at Boston University School of Medicine. He provides clinical services to men and women who have a wide variety of sexual dysfunctions. He is editor emeritus of the Journal of Sexuality and Disability. Dr. Ducharme's current interest is the development of psychosocial and sexual health services to people with physical disabilities in developing countries within Africa and Southeast Asia.

Dr Pat Dorsett is a Senior Lecturer at the School of Human Services and Social Work, Griffith University and a member of the Hopkins Centre: Research for Resilience and Rehabilitation, Menzies Health Institute Queensland. Pat has presented widely at national and international conferences about the care and support needs of people with spinal cord injury and publishes in her research fields. Her current research interests are early intervention vocational rehabilitation following spinal cord injury, the psychosocial impacts of Post-Polio Syndrome, and the role of hope in coping following severe traumatic injury.

Tijn van Diemen works as a clinical and research rehabilitation psychologist in the Rehabilitation Centre (SCI Unit) in Sint Maartenskliniek in Nijmegen, the Netherlands. His research and clinical interest is in recovery and adjustment following spinal cord injury. In May 2015, Tijn began a PhD involving the dynamics of self-management and self-efficacy influencing spinal cord injury rehabilitation. His doctoral study includes all 8 rehabilitation centres in the Netherlands with a specialization in spinal cord injury. Tijn began his Psychology studies at the Radboud University in Nijmegen, where he specialised in neuro- and rehabilitation psychology.

Chair: Dr Ashley Craig is a senior clinical psychologist and the Professor of Rehabilitation Studies in the John Walsh Centre for Rehabilitation Research, Northern Clinical School, The University of Sydney, Kolling Institute of Medical Research, Royal North Shore Hospital. He has an international reputation in the field of injury and recovery, and clinical psychophysiology.

Objectives

1. Translate latest psychological knowledge into practice relevant to the psychological management of those with injuries following a traumatic accident like a motor vehicle crash or work accident.
2. Build professional capacity to promote resilience and post-traumatic growth in people who have suffered an injury.
3. Explain factors that influence resilience following injury.
4. Increase knowledge and application of effective strategies for promoting recovery in people who have experienced injury in traumatic circumstances.
5. Promote resilience and recovery in people with injury and psychological disorder and secondary conditions like depression, chronic pain and PTSD.
6. Apply clinical strategies with an evidence base for assisting people to recover following traumatic injury